LaCenter (4)				LaConner (2)				Lake Roosevelt (3)			
2007	Champ	Christina Cox	130	2013	6th	Frances Zeimantz	190	2008	5th	Ann Thomas	125
2008		Team 4th Place	44	2015	4th	Frances Zeimantz	190	2023	6th	Arianna Waters	140 1a/2a
	Champ	Christina Cox *	130					2024	2nd	Arianna Waters	135 1a/2a
	4th	Lucy Kulla	112								
2009	3rd	Jessica Sokolowski	130								

	Lake Stevens (12)			Lakes (13)			Lakeside (9 Mile Falls) (4)			(4)	
2007	4th	Jomae Alewine	103	2011	3rd	Kiaya Van Scoyoc	160	2008	6th	Yokeca Goff	125
2008	4th	Jomae Alewine	103	2012	Champ	Kiaya Van Scoyoc	155	2016	8th	Akina Yamada	130
	4th	Natasha Grow	130	2013	2nd	Kiaya Van Scoyoc	155	2017	7th	Akina Yamada	130
2009	2nd	Jomae Alewine	103		4th	Juliana Trujillo	137	2023	3rd	Addy Rippy	135 1a/2a
2010	Champ	Jomae Alewine	103	2014		Team 5th Place	57				
2019	2nd	Kiley Hubby	170		2nd	Kiaya Van Scoyoc *	170				
2020	Champ	Kiley Hubby *	170		4th	Anesia Ramirez	112				
2023		Team 7th tie	75.5		5th	Sienna Ramirez	100				
	3rd	Tyra Wheless	115 3a/4a	2015	2nd	Anesia Ramirez	115				
	3rd	Madisen Bowers	130 3a/4a	2016	4th	Anesia Ramirez	125				
	4th	Kamryn Mason	105 3a/4a	2017	2nd	Sienna Ramirez	140				
2024	2nd	Kamryn Mason	110 3a/4a	2019	8th	Celeste Zinn **	155				
	5th	Kylee Wicklund	135 3a/4a	2020	5th	Celeste Zinn **	155				
				2024	7th	Vailala Smith	190 3a/4a				

La	keside (Seattle)	(3)			Lakewood (8)				Lewis & Clark (1)	
7th	Sara Scott	135	2009		Team 7th Place tie	48	2016	4th	Shaelynn Mason	190
8th	Aika Mitchell	119		Champ	Christina Ordonez	152				
3rd	Aika Mitchell	118		5th	Keely Caldwell	130				
			2010	3rd	Keely Caldwell	125				
			2015	6th	Tommie Mosteller	110				
			2016	4th	Makayla Jackson	135				
				8th	Tommie Mosteller	110				
			2018	7th	Cassidy O'Hara	115				
			2019	5th	Cassidy O'Hara	125				
	7th 8th	7th Sara Scott 8th Aika Mitchell	8th Aika Mitchell 119	7th Sara Scott 135 2009 8th Aika Mitchell 119 3rd Aika Mitchell 118 2010 2015 2016 2018	7th Sara Scott 135 2009 8th Aika Mitchell 119 Champ 3rd Aika Mitchell 118 5th 2010 3rd 2015 6th 2016 4th 8th 2018 7th	7th Sara Scott 135 2009 Team 7th Place tie 8th Aika Mitchell 119 Champ Christina Ordonez 3rd Aika Mitchell 118 5th Keely Caldwell 2010 3rd Keely Caldwell 2015 6th Tommie Mosteller 2016 4th Makayla Jackson 8th Tommie Mosteller 2018 7th Cassidy O'Hara	7th Sara Scott 135 2009 Team 7th Place tie 48 8th Aika Mitchell 119 Champ Christina Ordonez 152 3rd Aika Mitchell 118 5th Keely Caldwell 130 2010 3rd Keely Caldwell 125 2015 6th Tommie Mosteller 110 2016 4th Makayla Jackson 135 8th Tommie Mosteller 110 2018 7th Cassidy O'Hara 115	7th Sara Scott 135 2009 Team 7th Place tie 48 2016 8th Aika Mitchell 119 Champ Christina Ordonez 152 3rd Aika Mitchell 118 5th Keely Caldwell 130 2010 3rd Keely Caldwell 125 2015 6th Tommie Mosteller 110 2016 4th Makayla Jackson 135 8th Tommie Mosteller 110 2018 7th Cassidy O'Hara 115	7th Sara Scott 135 2009 Team 7th Place tie 48 2016 4th 8th Aika Mitchell 119 Champ Christina Ordonez 152 3rd Aika Mitchell 118 5th Keely Caldwell 130 2010 3rd Keely Caldwell 125 2015 6th Tommie Mosteller 110 2016 4th Makayla Jackson 135 8th Tommie Mosteller 110 2018 7th Cassidy O'Hara 115	7th Sara Scott 135 2009 Team 7th Place tie 48 2016 4th Shaelynn Mason 8th Aika Mitchell 119 Champ Christina Ordonez 152 3rd Aika Mitchell 118 5th Keely Caldwell 130 2010 3rd Keely Caldwell 125 2015 6th Tommie Mosteller 110 2016 4th Makayla Jackson 135 8th Tommie Mosteller 110 2018 7th Cassidy O'Hara 115

Liberty Bell (1)				Liberty (Issaquah) (3)				Liberty (Spangle) (4)			
2024	3rd	Cassidy Jones-Mowen 140 1a/2a	2013	8th	Joanna Moreira	137	2018	5th	Maizy Feltwell	115	
			2014	6th	Joanna Moreira	137	2019	5th	Maizy Feltwell	115	
			2015	5th	Joanna Moreira	135	2020	2nd	Maizy Feltwell	120	
								7th	Charlie Johnson	170	

		Lindbergh (2)			Life	e Christian Academy (1)				Lynnwood (1)	
2019	8th	Katie Liu	100	2024	6th	Olivia Maxey-Ladson 105 1a	a/2a	2007	3rd	Taneal Detschman	112
2022	7th	Sumina Gurung	100								

	Lin	coln (Tacoma) (15		Lynden (16)			
2008	5th	Kaylene Young	130	2010	6th	Elena Gallegos	103
2009	7th	Kaylene Young	130	2012	4th	Marissa Veliz	170
2010	8th	Imari Jones	135		6th	Luisa Garcia	265
2011	2nd	Imari Jones	140	2013	6th	Lisa Hernandez	235
	3rd	Kaylene Young	145		8th	Thalia Veliz	170
2013	6th	D.J. White	155	2014	8th	Gabriella Herrera	124
2014	3rd	D.J. White	155	2015	7th	Alexus Garcia	170
2015	3rd	D.J. White	155	2016	3rd	Thalia Veliz	190
2017	7th	Jamayia Blackston	115		8th	Karina Martinez	125
	7th	Mecca Chase	190		8th	Kali Spady	140
2018	3rd	Jamayia Blackston	115	2017	3rd	Kali Spady	145
2023	5th	Kayla Reddick	145 3a/4a	2019	7th	Hailie Holestine	130
	8th	Janessa Bailey	115 3a/4a	2020	3rd	Hailie Holestine	130
2024	Champ	Zeta Lee	115 3a/4a	2022	7th	Hannah Kayser	235
	6th	Jenisty Ongosia-Weggen	235 3a/4a	2023	2nd	Belen Lopez	155 1a/2a
				2024	3rd	Belen Lopez	155 1a/2a

^{** 4.0} Academic State Champ

^{*} Academic State Champ

W.F. West (Chehalis) (2)

Xylia Warner Xylia Warner

2019 5th2020 3rd